Just as clinicians care for the well-being of their patients, patients care about the well-being of their clinicians. ASHP is a healthcare leader committed to preventing burnout and promoting well-being in pharmacists and the entire healthcare workforce. Resilient clinicians and healthcare organizations are critical to safe, high-quality patient care.

**THE PROBLEM**
Burnout in healthcare professionals can cause a decrease in care quality and patient safety.

- Pharmacy staff burnout may result in medication errors and increased patient harm.
- Healthcare workforce burnout may cause inefficiencies, decreased productivity, and employee turnover.

Cost of physician burnout is estimated to be $4.6 billion annually.

**WHAT PATIENTS SAY**
A recent national survey of more than 2,000 Americans found:

- 8 out of 10 have heard that burnout is a problem among healthcare professionals.
- 77% are concerned for their safety when their clinician appears burnt out.
- 80% believe care quality may decrease when their pharmacist or other healthcare provider is burnt out.
- 91% believe it’s important that their pharmacist or clinician take measures to avoid burnout.
- Nearly 3 out of 4 are concerned about the impact of burnout.

**SURVEY SAYS: PATIENTS WORRIED ABOUT CLINICIAN BURNOUT**
According to a health-system pharmacist survey published in 2018:

- 53% reported a high degree of burnout
- 36% reported emotional exhaustion
- 32% felt reduced personal accomplishment
- 55% were unaware of available well-being resources

Burnout occurred in all practice settings, service areas, and regions.

**WHAT PHARMACISTS SAY**

According to a health-system pharmacist survey published in 2018:

- 53% reported a high degree of burnout
- 36% reported emotional exhaustion
- 32% felt reduced personal accomplishment
- 55% were unaware of available well-being resources

**THE SOLUTION**

ASHP—a national professional organization representing pharmacists, pharmacy residents, student pharmacists, and pharmacy technicians—is a leader in providing members with tools and resources to combat burnout in the healthcare workplace.

In 2017, ASHP joined the National Academy of Medicine Action Collaborative on Clinician Well-Being and Resilience as an original sponsor. This four-year initiative aims to:

- Raise clinician burnout visibility
- Improve understanding of this workforce issue
- Advance evidence-based solutions

ASHP urges leaders of healthcare organizations to address burnout vigilantly and immediately. ASHP recognizes that improving well-being and resilience is a shared responsibility between the individual and the organization. Solutions include:

- Identify barriers to joy in the workplace
- Connect work to purpose
- Implement and evaluate interventions
- Share and celebrate improvements

**TAKE CHARGE OF YOUR WELL-BEING AT**

WellBeing.ASHP.org

2. www.ashp.org/News/2019/06/17/Clinician-Wellbeing-Survey