



Module Month and Title	Module Description	Module Coach and virtual seminar dates
June – Introduction to Healthcare Professional Well-Being and Burnout	This module defines terminology related to healthcare professional well-being, resilience, and burnout; identifies risk factors; and explores the impact of burnout, specifically in the pharmacy workforce, on patient care.	Dr. Brooke Griffin Virtual Seminar: Mon., June 27, 1-2pm ET
July – Caring for Self and Others: Putting on Your Own Oxygen Mask	This module will provide ambassadors with strategies that nurture individual resilience. The overarching learning objective is to be able to apply individual well-being strategies to improve resilience for self and others to build cultures of well-being.	Dr. Seena Haines Virtual Seminar: Wed., July 27, 5-6pm ET Thurs., July 28, 2-3pm ET
August – Using a Systems Approach and Human-Centered Processes to Address Healthcare Professional Burnout	This module provides a framework of a systems approach to healthcare worker well-being. Ambassadors will be able to apply systems-based and human-centered design principles to transform organizations into cultures of well-being.	Kate Hilton, Esq Virtual Seminar: Wed., August 31, 2:30-3:30pm ET
September – Creating Leaders that Become Change-Makers	This module highlights the importance of becoming a well-being leader by prioritizing the well-being of healthcare professionals and organizations as a whole. After completing this module, ambassadors will be able to identify leadership skills that engender a culture of well-being.	Dr. M. Lynn Crismon: Virtual Seminar: Tues., Sept. 27, 2-3pm ET Wed, Sept. 28, 7-8pm ET
October – Redesigning the Work System to Prioritize Well-Being	This module provides strategies to redesign work systems centered on well-being and resilience. Upon completion of this module, ambassadors will be able to assess underlying factors in a work-system and identify design elements necessary to address challenges related to healthcare professional burnout.	Dr. Molly Wascher Virtual Seminar: Thurs., October 27, 2-3pm ET
November – Building Inclusive, Safe Cultures that Facilitate Thriving for All	This module aims to provide an understanding of how to build safe work environments that are inclusive and promote connection within an organization. Upon completion of this module, ambassadors will be able to create inclusive, safe cultures that facilitate thriving for all healthcare workforce personnel and for patients.	Dr. Tara Feller Virtual Seminar: Mon., Nov. 28, 2-3pm ET
December – Well-Being and Resilience: Bringing It All Together	This final module brings all the content together by creating an action plan to address threats to well-being within an organization and assessing steps to collaborate and address the challenges.	Dr. Brooke Griffin Virtual Seminar: Mon., Dec. 19, 2-3pm ET